



LifeRing
Secular Recovery
Service Center

"To Serve the Meetings"

service@lifering.com
www.unhooked.com

1440 Broadway Suite 1000
Oakland, CA 94612-2029
Tel: 510-763-0779
Fax: 510-763-1513

Monday, April 23, 2001

Jane Brody
Health Columnist
The New York Times
229 West 43rd Street
New York, N.Y. 10036

Dear Ms. Brody:

Thank you for your review of Anne Fletcher's *Sober for Good*. I am one of the subjects of the book ("Herb Z.") and, as it happens, my recovery has led me into authorship and advocacy.

I would very much appreciate it if you could list our organization, LifeRing Secular Recovery, among your "other resources." Our main web site, www.unhooked.com, is probably the most convenient entry point for most readers.

We were formed in May 1999 and currently comprise more than 40 meetings in 15 states. We have three web sites and publish a growing body of literature, including a workbook, a handbook, a book for treatment professionals, an anthology of short items, and a set of brochures. Under separate cover I am sending you copies of each of the above for your information.

Please feel free to contact me if I can respond to any questions or concerns.

Sincerely yours,

Martin Nicolaus
CEO, LifeRing Inc.

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